
SUICIDE PREVENTION

The Dual Language Immersion North County 's Board of Trustees recognizes that suicide is a major cause of death among youth and should be taken seriously. In order to attempt to reduce suicidal behavior and its impact on students and families, the Executive Director or designee shall develop preventative strategies and intervention procedures.

The Executive Director or designee shall involve all school personnel, school counselors, leadership team, other staff, parents/guardians, students, local health agencies and professionals, and community organizations in planning, implementing, and evaluating Dual Language Immersion North County's strategies for suicide prevention and intervention.

Prevention Instruction

Suicide prevention strategies shall include, but not be limited to, efforts to promote a positive school climate that enhances student's feelings of connectedness with the school and is characterized by caring staff and harmonious interrelationships among students.

Dual Language Immersion North County's instructional and student support programs shall promote the healthy mental, emotional and social development of students including, but not be limited to, the development of problem-solving skills, coping skills, and resilience.

The Executive Director or designee may offer parents/guardians education or information which describes the severity of the youth suicide problem, the Dual Language Immersion North County suicide prevention efforts, risk factors and warning signs of suicide, basic steps for helping suicidal youth, reducing the stigma of mental illness, and/or school and community resources that can help youth in crisis.

Staff Development

Suicide prevention training for staff shall be designed to help staff identify and find help for students at risk of suicide. The training shall be offered under the direction of Dual Language Immersion North County staff and/or in cooperation with one or more community mental health agencies and may include information on:

- Research identifying risk factors, such as previous suicide attempt(s), history of depression or mental illness, substance use problems, family history of suicide or violence, feelings of isolation, interpersonal conflicts, a recent severe stressor or loss, family instability, and other factors.
- Warning signs that may indicate suicidal intentions, including changes in students' appearance, personality or behavior.
- Research-based instructional strategies for teaching the suicide prevention curriculum and promoting mental and emotional health.
- School and community resources and services for students and families in crisis and ways to access them.

- Dual Language Immersion North County procedures for intervening when a student attempts, threatens, or discloses the desire to die by suicide.

Intervention

Whenever a staff member suspects or has knowledge of a student's suicidal intentions, he/she shall promptly notify the Program Lead, Executive Director, other school administrator, or school counselor. The school administrator or school counselor shall then notify the student's parents/guardians as soon as possible and may refer the student to mental health resources in the school or community.

Students shall be encouraged through the education program and in school activities to notify a teacher, administrator, staff member, counselor, or other adult when they are experiencing thoughts of suicide or when they suspect or have knowledge of another student's suicidal intentions.

The Executive Director or designee shall establish crisis intervention procedures to ensure student safety and appropriate communications in the event that suicide occurs or an attempt is made by a member of the student body or staff on campus or at a school-sponsored activity.

Adopted September 19, 2018